



May Indoor Pool Schedule

Lap swim, open swim, swim lessons, and water aerobics

Pool Hours: 5:00 am—8:45 pm M-Friday, 7:00am — 8:45 pm Saturday, 7:00 am—7:45 pm Sunday

Outdoor Pool Hours: 11:00 am- 8:00 pm Monday - Friday, 11:00 am- 7:00 pm Saturday & Sunday

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00	Lap Swim Adult Only	Lap Swim Adult Only	Lap Swim Adult Only	Lap Swim Adult Only	Lap Swim Adult Only	Closed	Closed
7:00						Lap Swim Adult Only	Lap Swim Adult Only
8:00							
9:00							
9:45							
10:00	Aqua Flow w/ Sarah E	Fit-n-Tone w/Kelly B No Open Swim	Cardio Fit w/ Donna M Lap Lane	Fit-n-Tone w/ Kelly B Lap Lane No Open Swim		Cardio Tone w/Tammy C Lap Lane	
10:30							
10:45							
11:00		Parent Child Class				Parent Child Class	
11:15							
11:30							
12:00	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim		
1:00							
1:30		Water Basketball (Shallow End) Open Swim		Water Basketball (Shallow End) Open Swim			
2:30					Swim Lessons Pool Open		
3:00							
3:30							
4:00	Swim Lessons Pool Open	Swim Lessons Pool Open		Swim Lessons Pool Open			
4:30							
5:00				Parent Child Class			Pool Closes at 7:45 pm
5:30		Cardio Strength w/Tammy C Lap Lane		Cardio Strength w/ Tammy C Lap Lane			
6:00	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim	Adult Only Lap Swim		
7:00							
8:00 To 8:45							

The pool is in use during the above designated times and private swim lessons may be taught at various times. Adult Lap Swim, and the Lap Lane is for adults 18+ only and Swim Team is for participants only.