

January Pool Schedule

Pool Hours: Monday-Friday 6:00 am—8:30 pm, Saturday and Sunday 8:00am — 7:30 pm

****Must be 16 years of age to use the hot tub or steam room or to use the indoor pool without adult supervision.****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00a	Adult Only Lap Swim 6:00-9:00a	Adult Only Lap Swim 6:00-9:00a	Adult Only Lap Swim 6:00-9:00a	Adult Only Lap Swim 6:00- 9:00a	Adult Only Lap Swim 6:00-9:00a	Opens @ 8:00a	Opens @ 8:00a
7:00a							
8:00a							
9:00a				Baby & Me Class w/Shalene 9a- 9:30a		Adult Only Lap Swim 8 - 9:30a	Adult Only Lap Swim 8 - 9:30a
9:30a	Water Aerobics with Donna Scott 9:30-10:30a	Water Aerobics with Donna Metcalf 10:00 - 11:00a	Water Aerobics with Emily 9:30-10:30a		Water Aerobics with Tammy 10:00 - 11:15a	Strength Wave Water Aerobics 9:30a-10:30a	
10:00a			Water Aerobics with Donna Metcalf 10:00 - 11:00a				
10:30a	Baby & Me Class w/KJ 10:45-11:15a						
11:00a	Toddler & Me Class w/KJ 11:15 - 11:45a					Baby & Me Class w/Shalene 11:30-12:00p	
12:00p	Adult Only Lap Swim 12:00 - 1:30p	Adult Only Lap Swim 12:00 - 1:30p	Adult Only Lap Swim 12:00 1:30p	Adult Only Lap Swim 12:00 - 1:30p	Adult Only Lap Swim 12:00 - 1:30p		
1:00p							
1:30p							
2:00p		Water Basketball 2:00-3:00p		Water Basketball 2:00-3:00p			
3:00p							
4:00p					Beginner Group w/KJ 4 - 4:30p		
4:30p					Intermdt Group w/KJ 4:30 - 5p		
5:00p							
5:30p	Beginner Swim Team 5:30 - 6:15p		Beginner Swim Team 5:30 - 6:15p				
6:15p							
7:00p	Intrmt/ Advanced Team 6:15 -7:30p		Intrmt/ Advanced Team 6:15 -7:30p				
7:30p							
8:00p						Closed @ 7:30p	Closed @ 7:30p
8:30p	Closed @ 8:30p	Closed @ 8:30p	Closed @ 8:30p	Closed @ 8:30p	Closed @ 8:30p		